

## School District of Marshfield

### Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990006	ALMOND BROCCOLI SALAD W/TURKEY	
990007	ALMOND CHERRY BREAD PUDDING	
990008	ALMOND CHICKEN FAJITAS	
990010	ALMOND CHICKEN PILAF	
990011	ALMOND DATE BARS	
990014	ALMOND PEACH MUFFIN	
990015	ALMOND SNACK MIX	
990016	ALMONDS, YOGURT, FRUIT LUNCH	
63	APPLE JUICE:cnnd,unswtn,+vit C	
64	Apple, Fresh	
990071	Applesauce	
990072	Applesauce	
356	APPLESAUCE,SWEETENED	
247	APPLESAUCE:cnnd,unswtnd,+vit C	
248	APRICOTS: canned,light syrup	
250	ASPARAGUS: fresh,boiled	
1081	BAGEL CINNAMON RAISIN:Secondar	
321	BAGELS,CINNAMON-RAISIN	
347	BAGELS,PLAIN,ENRICHED	
990089	Baked Beans	
44	BAKED POTATO	
990112	Baked Potato with Diced Ham	
990017	BANANA CRANBERRY ALMOND MUFFIN	
251	BANANA SLICES	
68	BANANAS	
990052	BBQ Rib/Bun	Gluten, Soy, Wheat
990132	BBQ Sauce	
990035	Beef Taco Meat	
252	BEET GREENS: boiled	
253	BEETS: canned	
1074	BISCUITS W/SAUSAGE	
1086	BISCUITS: PLAIN PURCH (2oz)	
355	BISCUITS: PLAIN,PURCH (2.5")	

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254	BLACK-EYED PEAS:from dry,boil	
990091	Blue Raspberry Sorbet	
255	BLUEBERRIES,Fresh	
990096	Breadstick, Cheese, Bosco	Gluten, Milk, Soy, Wheat
990144	Breakfast Pizza	Egg, Milk, Wheat
990151	Breakfast Pizza	Egg, Milk, Wheat
990093	Broccoli, Florets, fresh	
990090	Broccoli, frozen	
256	BROCCOLI,raw: fresh	
257	BROCCOLI: fresh, boiled	
258	BROCCOLI: frozen, boiled	
990107	Brown Rice	
990049	Brown Rice Pilaf	
990141	Brussel Sprouts	
221	BUTTER: individual	
293	CABBAGE SAUTE	
259	CABBAGE: boiled	
990143	Capri Vegetable Blend	
22	CARROT STICKS	
990060	Carrots, Fresh	
260	CARROTS: canned, cooked	
262	CARROTS: fresh, boiled	
261	CARROTS:frozen, boiled	
264	CAULIFLOWER,raw: fresh	
265	CAULIFLOWER: frozen,boiled	
25	CAULIFLOWER:fresh boiled	
267	CELERY STICKS	
1072	CEREAL,VARIETY	
990138	Cheddarwurst on a Bun	Gluten, Milk, Soy, Wheat
990155	Cheese Pizza 4x6	Milk, Wheat
1080	CHEESE TOAST	
990126	Cheese, Cheddar, Yellow, Shredded (1/2oz)	
990125	Cheese, Cheddar, Yellow, Shredded (1oz)	

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1075	CHEESE,CREAM	
149	CHEESEBURGER ON A BUN	
990054	Cheeseburger on a Bun (Elementary)	Gluten, Soy, Wheat
990053	Cheeseburger on a Bun (HS/MS)	Gluten, Soy, Wheat
268	CHERRIES,Fresh	
990048	Chicken & Veggie Egg Roll	Egg, Gluten, Milk, Soy, Wheat
990057	Chicken Fajita Snack Wrap (HS/MS)	Gluten, Milk, Soy, Wheat
990063	Chicken Nuggets	Soy, Wheat
990079	Chicken Patty on a Bun - Elementary	Gluten, Milk, Soy, Wheat
990078	Chicken Patty on a Bun - HS/MS	Gluten, Milk, Soy, Wheat
990111	Chicken Philly Sub	Gluten, Milk, Soy, Wheat
990018	CHICKEN SALAD W/ALMONDS	
990050	Chicken Snack Wrap (Elementary)	Gluten, Milk, Soy, Wheat
990051	Chicken Snack Wrap (HS/MS)	Gluten, Milk, Soy, Wheat
284	CHICKPEA BALLS	
294	CHICKPEA SALAD SANDWICH	
990019	CINNAMON GLAZED ALMONDS	
990171	Coleslaw	Egg, Gluten, Milk
413	COLLARDS: frozen	
990081	Corn	
295	CORN CHOWDER	
990152	Corn Dog on a Stick	Egg, Gluten, Soy, Wheat
32	CORN ON THE COB: frozen,boiled	
270	CORN: canned, yellow	
271	CORN: frozen, yellow	
990160	CORNBREAD	
210	COWBOY COOKIES: 1 each	
232	CRACKERS	
233	CRACKERS,GRAHAM	
990092	Cranberries, dried	
990020	CRANBERRY ALMOND COOKIE	
990128	Cranberry Sauce (1/2 cup)	
990094	Cranberry Sauce (1/4 cup)	

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272	CRANBERRY SAUCE: canned,swtnd	
322	CREAM CHEESE	
990118	Creamed Chicken	Soy
273	CREAMED CORN: canned	
377	CUCUMBER,RAW	
990077	Cucumbers	
1056	DELI SUB:on Hot Dog Bun	
1047	DESSERT TOPPING:SEMI SOLID,FRZ	
1073	DONUT,YEAST-LVND,GLAZED,ENR(IN	
370	EGG,HARD-BOILED	
274	EGGPLANT: boiled	
1078	ENGLISH MUFFIN W/ SAUSAGE	
353	ENGLISH MUFFINS,PLAIN,TOASTED	
990088	Fiesta Beans	
990047	Fish Nuggets	Fish, Soy, Wheat
990178	Four Meat Primo Pizza	Gluten, Milk, Soy, Wheat
990055	French Bread Cheese Pizza	Gluten, Milk, Soy, Wheat
990056	French Bread Pepperoni Pizza	Gluten, Milk, Soy, Wheat
990161	FRENCH DRESSING	
990134	French Dressing	
484	FRENCH FRIES: deep fry	
487	FRENCH FRIES: oven heat	
990067	French Toast Sticks	Egg, Soy, Wheat
990068	French Toast Sticks	Egg, Soy, Wheat
368	FRENCH TOAST STICKS	
990122	Fries, curly, seasoned	
990021	FRUIT AND ALMOND CRUMBLE	
419	FRUIT COCKTAIL:canned,lt syrup	
246	FRUIT JUICE,ASSORTED	
420	FRUIT SALAD: canned,lt syrup	
245	FRUIT,FRESH ASSORTED	
285	GARBANZO BEAN BURGERS	
990082	Garlic Toast - Elementary	Gluten, Milk, Wheat

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Recipe #	Recipe Name	Allergen(s)
990083	Garlic Toast - HS/MS	Gluten, Milk, Soy, Wheat
211	GINGER COOKIES	
1077	GLAZE, POWDERED SUGAR	
77	GRAPE JUICE: canned, unswtnd	
80	GRAPEFRUIT HALVES	
78	GRAPEFRUIT JUICE: canned, unswt	
421	GRAPEFRUIT SECTIONS: cnd, juice	
422	Grapes, Fresh (1/2 cup)	
990127	Grapes, Fresh (1/4 cup)	
423	GREAT NORTHERN BEANS: from dry	
990066	Green Beans	
424	GREEN BEANS: canned, cooked	
425	GREEN BEANS: fresh, boiled	
426	GREEN BEANS: frozen, boiled	
990103	Grilled BBQ Chicken on a Bun (Elementary)	Gluten, Soy, Wheat
990102	Grilled BBQ Chicken on a Bun (HS/MS)	Gluten, Soy, Wheat
990105	Grilled Cheese Sandwich	Gluten, Milk, Soy, Wheat
990031	Grilled Chicken on a Bun (Elementary)	Gluten, Soy, Wheat
990036	Grilled Chicken on a Bun (HS/MS)	Gluten, Soy, Wheat
331	GRITS, PLAIN	
990148	Halloween Shaped Nuggets	Soy, Wheat
1048	HAM SANDWICH	
990029	Hamburger Bun (Elementary)	Gluten, Soy, Wheat
990028	Hamburger Bun (HS/MS)	Gluten, Soy, Wheat
161	HAMBURGER ON A BUN	
990158	Hamburger on a Bun (Elem)	Gluten, Soy, Wheat
990159	Hamburger on a Bun (HS/MS)	Gluten, Soy, Wheat
369	HASH BROWN POTATOES	
990022	HAWAIIAN ALMOND HAYSTACKS	
291	HEARTY MACARONI DINNER	
153	HOLIDAY	
990038	Homemade Bread	Gluten, Soy, Wheat
990042	Homemade Chicken Ala King	Soy

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Recipe #	Recipe Name	Allergen(s)
990167	Homemade Coffee Cake	Egg, Gluten, Soy, Wheat
990149	Homemade Croutons	Gluten, Milk, Soy, Wheat
990150	Homemade Croutons	Gluten, Milk, Soy, Wheat
990168	Homemade Granola	
990179	Homemade Hamburger Soup	
990174	Homemade Sunshine Bars	Egg, Gluten, Wheat
990043	Homemade T-Bun	Gluten, Soy, Wheat
990023	HONEY ALMOND GRANOLA	
1082	HONEY BUN PASTRY: LARGE	
1079	HONEY BUN PASTRY:ELEM	
990024	HONEY-ALMOND GRANOLA BARS	
286	HOT AND SOUR SOUP	
990030	Hot Dog Bun	Gluten, Soy, Wheat
990157	Hot Dog on a Bun	Gluten, Soy, Wheat
162	HOT DOG ON A BUN:turkey hot	
990113	Hot Ham and Cheese Sandwich	Gluten, Soy, Wheat
990162	ITALIAN DRESSING	
345	JELLY	
990130	Ketchup	
222	KETCHUP: individual	
427	KIDNEY BEANS: canned,drained	
990115	Lasagna Roll	Egg, Gluten, Milk, Wheat
281	LENTIL BURGERS	
288	LENTIL SOUP	
34	LETTUCE &TOMATO:1 leaf,2 slice	
990075	Lettuce, Romaine	
428	LIMA BEANS: canned,cooked	
990069	Little Smokies	
990124	Macaroni & Cheese	Egg, Gluten, Milk, Wheat
990084	Mandarin Oranges	
990085	Mandarin Oranges	
990123	Mashed Potatoes	Milk
429	MASHED POTATOES:flakes,mlk+but	

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Recipe #	Recipe Name	Allergen(s)
1050	MAYONNAISE:individual PC	
430	MELON BALLS: frozen	
990034	Mexican Pizza	Gluten, Milk, Soy, Wheat
290	MEXICAN SUCCOTASH	
489	MILK - Variety	
228	MILK,1% Chocolate	
230	MILK,1% Lowfat	
227	MILK,2% Chocolate	
229	MILK,2% Lowfat	
231	MILK,Skim	
226	MILK,Whole	
990040	Mini Corn Dogs	Egg, Gluten, Soy, Wheat
990116	Mini Sub Sandwich (Elementary)	Gluten, Soy, Wheat
990117	Mini Sub Sandwich (HS/MS)	Gluten, Soy, Wheat
990073	Mixed Fruit	
990074	Mixed Fruit	
431	MIXED FRUIT: frozen,sweetened	
432	MIXED VEGETABLES: canned,ckd	
433	MIXED VEGETABLES:frozen,boiled	
990131	Mustard	
35	MUSTARD GREENS: frozen,boiled	
223	MUSTARD: individual PC	
990097	Nacho Bites	Gluten, Milk, Soy, Wheat
435	NAVY BEANS: from dry,boiled	
83	NECTARINES,FRESH	
167	NO BREAKFAST	
156	NO LUNCH	
145	NO SCHOOL TODAY	
323	OATMEAL	
436	OKRA: frozen,boiled	
84	ORANGE JUICE: canned,unswtnd	
990175	Orange Sorbet Cup	
990080	Orange Wedges	

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Recipe #	Recipe Name	Allergen(s)
990139	Orange Wedges (Elem)	
86	ORANGES	
85	ORANGES HALVES	
990181	Pancake, WG - 2 pancakes	Egg, Soy, Wheat
990109	Pasta	
990064	Peaches	
990065	Peaches	
88	PEACHES,FRESH	
437	PEACHES: canned,light syrup	
990086	Pears	
990087	Pears	
90	PEARS,FRESH	
438	PEARS: canned,light syrup	
439	PEAS & CARROTS: frozen,boiled	
38	PEAS & ONIONS: frozen,boiled	
1065	PEAS GREEN,CANNED,DRAINED	
990095	Peas, Green, Frozen	
40	PEAS: frozen,boiled	
990156	Pepperoni Pizza 4x6	Milk, Wheat
42	PICKLES,DILL SPEAR	
41	PICKLES,SWEET	
990058	Pineapple Chunks	
990059	Pineapple Chunks	
92	PINEAPPLE CHUNKS:canned,lt syr	
91	PINEAPPLE JUICE: canned,unswtn	
7	PINTO BEANS: cooked	
990147	Pizza Bites	Milk, Soy
990039	Pizza Calzone	Gluten, Milk, Soy, Wheat
990163	PIZZA CRUST	
990153	Pizza Sub	Gluten, Soy, Wheat
990100	Pizza, Cheese Fries	Gluten, Milk, Soy, Wheat
94	PLUMS,FRESH	
444	PLUMS: canned,light syrup	

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Recipe #	Recipe Name	Allergen(s)
990119	Popcorn Chicken	Gluten, Soy, Wheat
43	POTATO PUFFS: frozen,cooked	
96	PRUNES: canned hvy syr	
1071	PUDDINGS,CHOC,DRY MIX,INST,PRE	
990099	Quesadilla, Cheese	Gluten, Milk, Soy, Wheat
990098	Quesadilla, Chicken	Gluten, Milk, Soy, Wheat
990169	RADISHES,RAW	
297	RAINBOW SALAD	
97	RAISINS	
990164	RANCH DRESSING	
990133	Ranch Dressing	Milk, Soy
8	REFRIED BEANS: canned	
224	RELISH: individual PC	
990026	RICE BOWL W/TOASTED ALMONDS	
296	RICE BURGERS	
1000	RICE KRISPY TREATS	
1049	RICE KRISPY TREATS:SECONDARY	
990135	Salad Dressing	Egg
225	SALAD DRESSING,Assorted	
139	SALAD,TOSSED: no dressing	
990120	Salisbury Steak	Milk, Soy, Wheat
1051	SALSA:COMMODITY	
990146	Saltine Crackers	Gluten, Soy, Wheat
990101	Sauce, Spaghetti	
49	SAUERKRAUT:canned	
990177	Sausage patties, turkey	
990176	Sausage patty, turkey	
990170	Seasoned Potato Fries	Gluten
990140	Soft Shell Taco (Elem)	Gluten, Soy, Wheat
990114	Soft Shell Taco (HS/MS)	Gluten, Soy, Wheat
990136	Sour Cream	
990154	Southwest Burger/Bun (HS/MS)	Gluten, Soy, Wheat
990108	Spaghetti Meat Sauce	Gluten, Wheat

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Recipe #	Recipe Name	Allergen(s)
990110	Spaghetti Meatballs	Milk, Soy, Wheat
990041	Spicy Chicken Patty/Bun	Gluten, Soy, Wheat
990027	SPICY SEASONED ALMONDS	
51	SPINACH: frozen,boiled	
50	SPINACH:canned	
52	SQUASH,SUMMER: boiled	
54	SQUASH,WINTER: baked	
55	SQUASH,WINTER: boiled	
99	STRAWBERRIES,FRESH	
98	STRAWBERRIES: frozen	
990129	STRAWBERRIES: frozen (1/2 c)	
990145	String Cheese	
990044	Stuffed Crust Cheese Pizza	Gluten, Milk, Soy, Wheat
990045	Stuffed Crust Cheese Pizza	Gluten, Milk, Soy, Wheat
990046	Stuffed Crust Pepperoni Pizza	Gluten, Milk, Soy, Wheat
217	SUGAR COOKIES	
344	SUGAR PACKET	
990106	Sweet & Sour Chicken	Egg, Gluten, Soy, Wheat
990165	SWEET AND SOUR SAUCE	
990121	Sweet Potato Fries	
990180	Sweet Potato Sticks, Fresh	
56	SWEET POTATO, BAKED	
349	SYRUP,PANCAKE	
990037	Taco Salad	
990137	Taco Sauce	Soy
100	TANGERINES,FRESH	
990166	TARTAR SAUCE	
990070	Teriyaki Chicken	Gluten, Soy, Wheat
326	TOAST, MIXED GRAIN BREAD	
324	TOAST, WHITE BREAD	
367	TOAST,RAISIN	
325	TOAST,WHOLE-WHEAT BREAD	
282	TOFU BURGERS	

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283	TOFU FRIED RICE	
990104	Tomato Soup	
990076	Tomato, Fresh	
58	TOMATOES: canned	
990173	Turkey & Gravy	Soy
1054	TURKEY W/CHEESE SANDWICH	
298	TURKISH BULGUR DISH	
59	TURNIP GREENS: boiled	
60	TURNIPS: boiled	
234	VACATION	
990142	V-Blend Juice	
1061	VEGETARIAN BEANS	
289	VEGETARIAN CHILI	
101	Watermelon Chunks	
990062	Wisconsin Vegetable Blend	
12	YELLOW BEANS: canned,cooked	
53	ZUCCHINI SQUASH: boiled	

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